

MID-FLORIDA GASTROENTEROLOGY GROUP, P.A.

L.R. MALLAIAH, M.D., F.A.C.P.
DIPLOMATE OF THE AMERICAN BOARD OF
INTERNAL MEDICINE AND IN THE SUBSPECIALTY OF
GASTROENTEROLOGY

EGD PROCEDURE

LOCATION: ADVENTHEALTH SURGERY CENTER LAKE MARY
917 RINEHART ROAD SUITE 1001
LAKE MARY, FL 32746
PHONE: (407) 708-5383

INSTRUCTIONS

1. Nothing to eat or drink after midnight the night before the procedure. If you take heart medication or a blood pressure pill, you may take that the morning of your procedure with a little sip of water (before 7:30 am).
2. Do not take insulin/diabetic medication the evening before or the morning of the procedure.
3. ***TRANSPORTATION REQUIRED.*** A responsible family member or friend **MUST** drive you home from the procedure. You are **NOT ALLOWED** to drive, take a taxi, bus or car service, or leave the Surgical Center **ALONE**.

***MEDICATIONS*PLEASE CALL OUR OFFICE IF YOU ARE ON ANY OF THE FOLLOWING MEDICATIONS. DR. MALLAIAH WILL LET YOU KNOW WHEN TO STOP(IT CAN DIFFER FOR EACH PATIENT):**

-Any **blood thinners** such as Coumadin(Warfarin), Plavix(Clopidogrel), Pradaxa(Dabigatran), Xarelto(Rivaroxaban), Eliquis(Apixaban), Brilinta(Ticagrelor), Effient(Prasugrel), etc. (sometimes may require clearance before stopping, we will let you know).

-PER DR. MALLAIAH STOP YOUR BLOOD THINNER ____ DAY(S) PRIOR.

-**Aspirin** and **Iron** may be stopped 3 days prior

-Any **Anti-inflammatory medications** including ibuprofen, motrin, aleve, naproxyn, naprosyn, meloxicam(mobic), sulindac(clinoril), piroxicam, feldene, indomethacin, diclofenac, aggrenox, ultram(tramadol) and voltaren. **Tylenol(acetaminophen)is safe to use.**

***FOR THOSE WHO ARE DIABETIC*:**

-Do not take insulin/diabetic medication the evening before or the morning of the procedure. Please make sure to monitor your sugar throughout the day.

***AGAIN, PLEASE call the office if you are on any of the above medications, we will let you know when to stop ☺**

